

# FCIC Trainee Profile



**GABRIELA RODRÍGUEZ**

Tell us a little about yourself (name, age, where are you from, your disability, education, any other details you'd like to share).

Hello, my name is Gabriela Rodríguez. I am 21 years old, I graduated at 19 and some of my disabilities include scoliosis, depression, social anxiety and learning disabilities in math and reading.

How did you become interested in working with FCIC?

A family member worked at USF, and I ended up doing my high school volunteering hours there and saw a safe space for individual with disabilities.

What was the most valuable lesson you learned through your training experience with FCIC?

It taught me to approach situations differently with a lot less anxiety. It taught me I was capable of working a real job where my disabilities would not stop me.

How did the training with FCIC prepare you for work or college?

The training did truly help me socialize. I learned things like sending and writing emails. I was able to show visitors where to go. It was an experience I really enjoyed and was able to use in further parts of life.

Would you recommend the program to others? Why?

Yes, I would recommend to others, because we all learn in different ways, but I really think someone else may benefit from it too. Not just in the ways I was able to learn, but maybe even more.

